



The Rather Good Catering Company Limited.

Unit 3. The Enterprise Centre. 61 Ditton Walk. Cambridge CB5 8QD
VAT Registration Number: GB 170 5286 13
Company Registration Number: 8562749

Sample Contract Catering Menu 2016

Monday

Lamb casserole with Winter vegetables in rich gravy, roasted sweet potato, sugar snap peas

Celery, eggs, milk, mustard, soya, soybeans

or

Bean and Vegetable cassoulet with a seed and wholegrain crumb (v) (Low G.I)

Milk, mustard, wheat, soya, soybeans

Cinnamon sticky buns

(contains wheat, eggs, milk,)

Salad bar

Tuesday

Kale & potato soup (v)

contains celery, mustard, soya, wheat, milk

Beef and onion puff pastry pie with New potatoes

(contains celery, mustard, soya, wheat, eggs)

Or

Vegetable Arrabbiatta with whole wheat penne pasta (v) (Low G.I)

Contains celery, wheat

Steamed broccoli

Billionaires shortbread

(contains wheat, eggs, milk, nuts)

Wednesday

BBQ pulled pork in a brioche bun (Smoked by us in Cambridge) with chunky potato wedges

celery, mustard, soya, wheat, eggs, may contain sesame

Or

BBQ glazed Quorn burger with chunky potato wedges (v)

celery, mustard, soya, wheat, may contain sesame

Herby tomato salad

Frosted cup cakes

(contains wheat, eggs, milk,)

Thursday

Spicy curry noodle soup with lemongrass & lime (v)

Contains celery, mustard soya, wheat

Chicken Balti, saffron basmati rice & poppadoms

contains celery, mustard, soya, wheat, milk

Or

Goan vegetable Korma, saffron basmati rice & poppadoms (v)

contains celery, mustard, soya, wheat, milk

Kachumber salad & Raita (v)

Contains dairy

Exotic fruit salad

Friday

Battered cod with parsley & lemon, potato wedges & peas

Contains Fish, Wheat

Or

Black eye bean and sweet potato whole wheat burrito (v) (Low G.I)

contains wheat, celery, soya, milk

Salad bar

Mixed Doughnuts

(contains eggs, milk, soya wheat, May contain nuts)

Saturday

Hoi Sin crispy duck, cucumber & spring onions, pancakes, spring rolls & steamed rice

contains celery, soya, wheat,

Or

Stir fried noodles, leeks, beansprouts & Teriyaki sauce, brown rice (v) (Low G.I)

contains celery, soya, wheat,

Wok fried greens

Cookies

(contains wheat, eggs, milk, nuts)

Sunday

Peri Peri chicken, potato croquettes, smoked BBQ beans

contains celery, mustard, wheat

Or

Wild mushroom risotto (v)

contains celery, wheat, milk

Salad bar

Sticky ginger cake

(contains wheat, eggs, milk,)